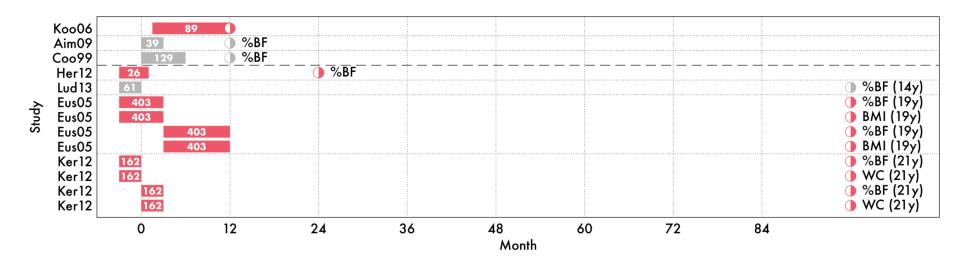
## **Supplementary Figures**

Suppl Figure 1: Gain-outcome graph of weight gain and adiposity

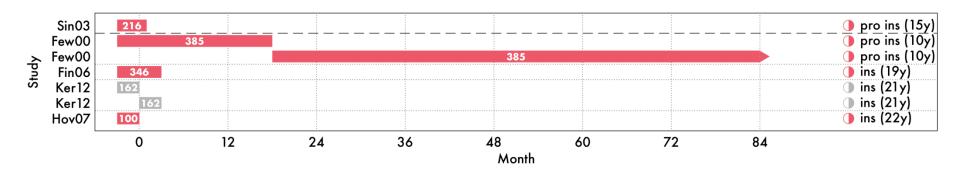
Suppl Figure 2: Gain-outcome graph of weight gain and insulin levels

Suppl Figure 3: Gain-outcome graph of weight gain and CVD risk

## Influence of weight gain on later adiposity



## Influence of weight gain on later insuline levels



## Influence of weight gain on later CVD risk factors

